

Casting All Your Care Upon God

1 Peter 5:7

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Casting All Your Care Upon God

But what should Christians do when they face adversity?

- Commit the keeping of their souls in well doing to a faithful Creator. 1 Peter 4:19
- Elders need to stay at the job. 1 Peter 5:1-2
- Be submissive one to another. 1 Peter 5:5
- Exercise humility. 1 Peter 5:6
- Cast all our care upon God. 1 Peter 5:7
- Resist the devil. 1 Peter 5:8-9

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Examine the verse. 1 Peter 5:7

“Casting” –

- From a word which means “to throw upon, to cast upon, give up to God.” (Thayer)

“All” – “Every,” every kind or variety.

(Vine’s Expository Dictionary)

“Your Care” – anxiety, worry, care ... all your anxieties that bring disruption to the personality and the mind.

1. Your care – not someone else’s.
2. Care – “cast all your worry upon him” or “leave all your worries with him” 1 Peter 5:7.
(Greek-English Lexicon Based on Semantic Domain.)

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Examine the verse. 1 Peter 5:7

“Your Care”

- Thayer adds “to be drawn in different directions. cf. Matthew 13:22; Mark 4:19; Luke 8:14.”

“Upon Him” (upon God).

- Basically, it means to throw all anxieties upon God, and then leave the outcome to God.

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Examine the verse. 1 Peter 5:7

“For He Cares for You.” (Greek *meloo*), “to be of interest to, i.e. to concern: (take) care.”

(Thayer’s Greek Lexicon)

- Can anyone doubt the love of God? John 3:16; 15:13; Romans 5:8; 1 John 4:8

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Instead of casting all their care upon God, many:

Blame God for their predicament.

- “God, why did you let this happen to me?”
- Job’s wife. Job 2:7-10

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Instead of casting all their care upon God, many:

- Spend time in needless worry.
 - Matthew 6:25-34; Philippians 4:6-7
- Turn to the wrong sources for help.
 - Like King Saul who sent for the witch of Endor. 1 Samuel 28:4-8.
 - Some "help" sources are more detrimental than helpful.
Note: Psalms 1:1-3

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Instead of casting all their care upon God, many:

- "Drown their sorrows" in alcohol or drugs.
 - But this only intensifies their woes.
Proverbs 23:29-35

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How Do We Cast All Our Cares Upon God?

- Read the Bible. 2 Timothy 2:15
- Spend time in prayer.
1 Thessalonians 5:17; Luke 18:1-7;
Acts 16:25; Luke 22:41-44;
Hebrews 5:7

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How Do We Cast All Our Cares Upon God?

- Worship God. Job 1:20
 - Place our confidence in God.
 - **"*Though He slay me, yet will I trust in Him.*"**
Job 13:15
 - 2 Samuel 22:1-4
 - **Proverbs 3:5, "*Trust in Jehovah with all thy heart, And lean not upon thine own understanding*"**
- Commit Your ways to the Lord.
 - Psalms 37:1-9
 - Matthew 10:28

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How Do We Cast All Our Cares Upon God?

- Stay busy. 1 Corinthians 15:58
 - Anxiety and idleness often go hand-in-hand.
- Count our Blessings.
cf. Philippians 4:6
 - The Lord. Hebrews 13:5
 - All spiritual blessings. Ephesians 1:3
 - The hope of eternal life. Titus 1:2
 - Brethren in the Lord who care. Colossians 2:2;
Galatians 6:2

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Conclusion:

1. If one is not a Christian, the first step in casting all his care upon the Lord is that of getting himself, or herself, right with God. One can not be right with God if he is in sin. Romans 6:23; Isaiah 59:1-2.
 - Obedience to the gospel includes hearing (Romans 10:17), believing (John 8:24), repenting (Luke 13:3, 5), confessing faith (Romans 10:9-10), and baptism (Acts 2:38)
2. If one is a child of God, but has fallen away, the first step in casting all his cares on God involves returning to the Lord. (Acts 8:22; James 5:16; 1 John 1:9)

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